

## Asthma in Children, Homeopathy is a Breath of Fresh Air



Dear Friend,

Wheezing, coughing, fighting for air... these are not words we want to use in describing our little ones. Watching them suffer through these symptoms is even worse.

But before you say yes to something that will only mask the symptoms, and potentially drive the depth and breadth of illness to a deeper level of pathology, first try homeopathy. Gentle, effective, inexpensive... and worth the effort!

Love,



Homeopathy has a reputation around the world for eradicating serious illnesses. In the United States, it's making a striking comeback... and none too soon, as asthma in children under modern medicine's watch has increased dramatically.

In homeopathy we understand that acute illness, such as fever, chicken pox, and colds are all a part of a child's immune system development. Being that these illnesses are a normal aspect of childhood, it means they should not be tinkered with. That is, no drugs should be administered to reduce pain, fever, etc. Instead, the illness should be allowed to blossom, complete its action, and eradicate the illness with the strength of the child's vital force. If anything is used, it might be a homeopathic remedy, a cup of good homemade bone stock, herbs or perhaps Vitamin C.

That's it. Stop there.

When drugs are employed, the danger is much greater than a concern about side effects. The true danger in drug use is in long term chronic disease that often follows--sometimes within months, sometimes within years.

Wait for it. Wait for it. BAM!

How scientific, rational, and useful is allopathic medicine when treating normal acute illness?

Let's look at its history of meds used to treat simple acute illness.

In 1900, James R. L. Daly was quoted in the *Boston Medical and Surgical Journal*, "It [heroine] possesses many advantages over morphine. . . . It is not hypnotic; there is no danger of acquiring the habit. . . ."

<http://www.trivia-library.com/a/history-of-legal-and-illegal-drugs-from-1900-to-1910-ad.htm>.

Around the same time cocaine was used as the preferred treatment for teething babies.

<http://wings.buffalo.edu/aru/preprohibition.htm>.

A few decades later, parents were directed by their trusted family doctors to administer aspirin to their children and teens at the first sign of fever or pain associated with childhood illness. It took years before the results were tallied that by doing so, a deadly illness, Reyes Syndrome may be contracted.

The next fashionable nostrum was Tylenol, and as always, the public dutifully complied.

Recently, NPR released a story about how the ingredient, acetaminophen, the active ingredient in Tylenol, has been found to cause asthma in children, sometimes within minutes and often with long lasting episodes.

<http://www.npr.org/blogs/health/2012/02/20/147002356/does-tylenol-worsen-asthma-for-kids>

So, let's say you've already used Tylenol in previous illnesses and now your child has indeed developed asthma. Homeopathy has a reputation of uprooting the problem regardless of the cause.

With the help of a certified professional homeopath, asthma has been addressed without side effects.

However, much can be done at home. If this doesn't resolve the problem, contact your homeopath for remedies that are more specific to your child.

Begin your child's journey with homeopathic cell salts. Cell salts are a branch of the vast world of homeopathy that is easy to comprehend, easy to use, and inexpensive. The alternation of two remedies is a powerful tool in childhood asthma and has been used for centuries without side effects.

Cell salts are little lactose pills that instantly melt in the mouth. They're also available in alcohol form and then diluted in a glass of water for a child who is uber-sensitive to milk.

When there is much wheezing, loose coughs, and nausea during an asthma attack, administer the remedies *Mag phos 6x* and *Ferr phos 6x* every half hour. Don't forget to keep your child well hydrated. That is, encourage him to drink extra amounts of water.

To determine the best suited remedy for deeper action that goes beyond the acute stage, symptoms must match the action of the remedy. For example, a child with a history of skin disease who wheezes at every weather change would benefit from *Nat sulph 12x* administered daily in the morning and night.

Continue *Nat sulph* for a month and then switch to *Calc phos 3x*, taken daily, morning and night. According to Dr. Nagar and Dr. Bah of India, this protocol will eradicate asthma altogether if the symptoms match and the remedies are properly administered.

Is that simple enough?

Inexpensive, gentle, no side effects, readily available.

Oh, and of course, it works!

Want to learn more about how to use cell salts? Go to

<https://joettecalabrese.com/products/CellSalts.html>.

The information provided in this article is for educational purposes only and may not be construed as medical advice. The reader is encouraged to make independent inquiries and to seek the advice of a licensed healthcare provider.

Interested in finding out if Homeopathy is a fit  
for your and your family's health strategy?

Call (716-941-1045) or [EMAIL](mailto:joette@homeopathyworks.net) us to set up a  
FREE 15 minute phone conversation with  
Joette.



### HOT Off the Press!

**There's still time to join me for my year long program titled "How to Raise a Drug-Free Family—System." Check out the details here:**

<http://homeopathyworks.net/offers/drugfree.html>

**HomeopathyWorks.net's Newest Blog Post, The Scoop on Croup**

<http://homeopathyworks.wordpress.com/>

### Check It Out!

Imagine you are out, enjoying the beautiful weather when you hear your loved one say "[Ouch! I Got Stung!](#)" Now you start to think "What do I do?" Check out our blog post for at-your-fingertips homeopathic solutions to that very question.

### Edu-Tip...

It's been known that the Vatican has used homeopathy through the decades. A number of popes benefited from homeopathy: Pope Pius X, Pope Leo XIII, Pope John Paul II, and Pope Benedict XVI, to name a few. You learn something new every day. Let your new knowledge lead you to good health.

[For God, For Humanity... For Homeopathy](#)



You know you have found a treasured text when you can see how much it has been loved in a single glance. Dog-eared pages. Markings in the margins. Bookmarks, of all kinds poking from its pages. Nothing says "I love you" more to a book than that. So, I think the above picture says it all—I love my homeopathy books! Here a few of my favorites near my desk.

### Quote From Joette

"Break the golden rules of health and the tablets will be destroyed for life."

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### Have a Suggestion?

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### About Joette

Joette Calabrese, HMC, CCH, RSHom(Na) instructs folks how to obtain and maintain authentic, vigorous health via homeopathy and sound nutrition by offering time-tested and scientific principles. She has become a trusted voice that is decidedly educated, experienced, and committed and has a following of discerning clients throughout the United States and abroad.

#### Please Note...

Joette is not a physician and the relationship between Joette & her clients is not of prescriber and patient, but of educator and client. It is fully the client's choice whether or not to take advantage of the information Joette presents. Homeopathy doesn't "treat" an illness; it addresses the entire person as a matter of wholeness that is an educational process, not a medical one. In order to be treated or diagnosed, Joette believes that the advice of a holistic physician is in order.



\* These statements have not been evaluated by the Food and Drug Administration. This (ezine) is not intended to diagnose, treat, cure, or prevent any disease. The information in this ezine should be used only after consulting with your doctor or other health care professional and should NOT be considered personalized health care advice. This is meant for educational purposes only. We hope you will educate yourself thoroughly.