



HomeopathyWorks.net

***Joette Calabrese presents HomeopathyWorks.net, where mothers
are empowered via Homeopathy.***

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Dear ...

As mothers, we are always keeping a watchful eye on our children, keeping their best interests in mind, and making sure they are happy & healthy. So when danger comes knocking, we're there to step in and say "I don't think so!" Check out my article this month, and guard your children against these (possibly overlooked) dangers.

Love,



Interested in finding out if Homeopathy is a fit for your health strategy? Or just want to learn more? Call (716-941-1045) or [EMAIL](#) us to set up a FREE 15 minute phone conversation with Joette.

Quote From Joette:

"I pass the torch of self-empowerment to you.
Keep it lit and pass it on.
Authentic truths are genuine and are meant to be
shared for the sake of sharing good."

Joette Calabrese HMC, CCH, RSHom(Na)

Check it Out!

There are tons of great resources & free materials on our website. Which may leave you saying... "Where do I start?"

[Here is something to check out:](#)

Teachers!!! Protect yourself from [Pinworms & Colds](#), check out our blog post for how homeopathy can help keep you healthy through the school year.

Hot Off the Press!

NEW! Joette's newest article, [Itching for Better Medicine? Homeopathy May Be Your Best Choice](#) was recently featured online in the Journal of Natural Food & Health

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Listen [HERE](#) to Joette's newest Radio Interview with Ginger Leilani Chapin & *Conscious Lifestyles Radio*.

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Also check out Joette's column *The Homeopathy Journal* in *Wise Traditions*, the quarterly journal of the Weston A. Price Foundation. Her newest article, entitled [Radiation & Community Illness](#) was published in the Summer 2011 edition.

The 5 Most Dangerous Practices Modern Medicine Foists on our Children



It's often a representation of the changing times: What we were smitten with 30 years ago, on closer examination, turns out to be the exposed king without clothing.

Updating our information is a must in our fast-paced world. A prudent approach is to keep on top of what is being touted as new and improved and reading the controversy around it. What better cause is there but to keep our family healthy?

Here are my top picks for the most virulent, archaic or at least, questionable practices that society has accepted as satisfactory standards and medical practices for our children. I urge you to constantly question and delve deeper before allowing medicine to be imposed on your children.

1. Fractionated foods, convenience foods, fake foods, embalmed foods, and all the bright baubles that fill shelves even in health food stores... let's start here. Every morsel we put into our children will turn to either fodder for waste or nectar for

growth and sparkling intelligence.

Despite what many doctors still tout, the 1st most important rule for growing children is that they need fats... saturated fats, animal fats and tropical fats... and they need it in abundance. That means full fat milk; not 2%. It means butter, not Pam. And it means lard.

Yes, lard!

Lard contains an abundance of vitamin D not found in many other food sources. Just ask your grandmother how they kept healthy in the cold months if they weren't using lard to make pies all winter.

Often my students and clients tell me that of course, they eat butter. But then I learn that they only go through a half pound in a week, for a family of 5.

When I say fats should be eaten in abundance, I mean half a stick of butter in a bowl of oatmeal... per person! In other words, we need to look for opportunities to *include* butter, not the opposite.

By the way, don't ask your conventional doctor for nutritional advice. He/she has no more education on this subject than your plumber. That's right; at present, medical schools rarely teach nutrition. And previous to 20 years ago, it was not only considered unworthy of discussion, but disdained!



2. Routine use of drugs on our children is 2nd on my list of no-no's. I know it's a quick fix... but a quick fix is the way we bankrupt our health savings account. We must embrace fully the idea that there is always an alternative to drugs... always. It's just a matter of finding it, and it merits our every effort as parents to put time into unearthing the answer. Let me also propose a solution that has changed millions of lives...homeopathy.

Allow this remarkably curative method of health into your life and you'll never look at modern drugs in the same way. With a simple book, a few CD's and a homeopathy kit, you and your family will be amazed with your delft, healing hands. You'll be able to cure what confounds your pediatrician.

Yes, I said cure. And you'll do it faster, more efficiently, without side effects and at a fraction of the cost of accumulated co-pays.

Certainly we consider the use of anesthetics for emergency care or truly needed surgery a boon to modern wellness. However, the outmoded use of antibiotics for every ill, the use of psychiatric drugs for children because they can't sit still, and the suppression of skin

illness with cortisone, is, in some medical circles, considered antiquated and downright hazardous. Consider the potential and put an end to these "therapies" for your family.

3. The practice of introducing many and frequent vaccines into undeveloped immune systems perhaps should be considered number one on this list. A total of 69 pathogens will be injected into the blood stream of most American children by the time they enter college.

Often, there are as many as 6 vaccines in one shot, with accompanying mercury as well as other preservatives. More importantly, the injection of animal pathogens into a healthy child is a questionable practice at best. Many of these vaccines represent diseases that are no longer a threat to our society.

If you believe this is the case because vaccines cured these diseases, think again. Both Drs. Salk and Sabin, the developers of the two types of polio vaccines, on separate dates and *independently of each other*, announced that it was not their vaccines that decreased the cases of polio in the U.S. Instead, it was the natural bell curve, characteristic of all infectious diseases, that brought polio to an end.

When considering vaccines for normal, immune-enhancing illnesses such as chicken pox and measles, shouldn't our children be allowed to complete the natural process so as to build their natural immunity?

To tinker with such pathogens is only asking for Pandora to release the box later in life.

I'm not recommending that parents simply not vaccinate their children. What I *am* advocating, is for parents to take a more active role in determining which, when, or if at all, vaccinations should be administered.

One of the best ways to make an intelligent decision is to read the opposing information, and not just the one that encourages their use. Listening to one side of the story only gives you one-sided information.

4. Well-baby and well-child visits are arenas in which some of the most dubious advice is tendered. Don't misunderstand me... I believe it's important to have a family doctor for diagnostics. Far too often, however, the routinely given advice, particularly at regularly scheduled visits, becomes a case of overuse of meds, methods and routines. Much of the advice is superfluous, at best.

There's a Latin saying that sums up what we parents ought to embrace more fully. It is: *Medicus curat, natura sanat*, which means, the physician treats, nature cures.

Hence, tinkering with disease by means of treating the symptoms instead of addressing the problem, is the paradigm we want to move away from. Symptoms are simply a manifestation of disease, not the disease itself.

If we merely cover up the sign (or symptom) we don't get to the root of the problem and we subject our children to being medicated with powerful, questionable and often scientifically proven dangerous nostrums.

5. Habitual use of fluoride and mercury fillings on/in our children's teeth is another concern of mine. Both of these practices are controversial, and for good reason. They're potentially dangerous and unnecessary.

Nearly 48% of dentists are happily using alternative materials for amalgam fillings while the other percentage stubbornly refuses to recognize the inherent and obvious risks. If your dentist suggests either of these routine methods, politely thank him for his advice and

find another, more up to date dentist.

Many parents are delving, questioning and tenaciously pursuing alternative methods. Whatever you do, don't do nothing. Plant yourself in front of your computer and begin your educational process. Find solutions and follow through.

Then share them with your friends, neighbors and relatives. These are some of the most important decisions you'll make for your children, grandchildren and beyond.

Then, learn as much from us as you can. We have loads of articles on homeopathy, we have a lively blog, (recently named #9 of the Top 50 Best Homeopathy Blogs in the English-speaking world!), we have inexpensive downloads of books and audios so that you can learn what you need to know in order to protect your family.

And our audio downloads make it the easiest way to use your precious time cleverly. Listen your way to an informed decision. Then learn to treat illnesses yourself... while riding in your car or doing chores. We want to make your life easier, your child's life safer and our world a healthier place. Find our downloads [HERE](#).

Join us on a journey of satisfying self-mastery to protect your children and grandchildren from potentially dangerous, ill chosen, self-serving practices and do it yourself.

The information provided in this article is for educational purposes only and may not be construed as medical advice. The reader is encouraged to make independent inquiries and to seek the advice of a licensed healthcare provider.

There is always MORE!

Have we whetted your appetite for more? There is always something new to discover with Homeopathy & we can help you find it. Below are some useful links so that you can stay connected with us!

From the Archives!

Kim Hartke's Blog, *Hartke Is Online*: Is where you can find Joette's newest online publication [Mommies Beware! This Excitotoxin is Hidden in your Food](#)

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If you are new to our email list, you can check out our **past e-newsletters** [HERE](#) in our archives.

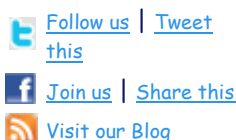
## Books, Downloads and CD's from Joette:

If you liked today's issue, you'll LOVE learning more about Joette's programs and services for those seeking robust health via homeopathy.

Joette offers a FREE audio CD, a great blog, lots of FREE articles, workshops, coaching and other resources to help mothers (and interested fathers, too). Learn more now at our website [CLICK](#) and more great products [HERE](#).

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## Have a Suggestion?

If you have a specific question you'd like answered or topic covered in future issues, please E-mail suggestions [CLICK HERE](#) or post comments on our [BLOG](#)

## About Joette HMC, CCH RSHom(Na)



Joette Calabrese teaches and instructs folks how to add, obtain and maintain authentic, vigorous health via homeopathy and sound nutrition by offering time-tested and scientific principles. She has become a trusted voice that is decidedly educated, experienced and committed and has a following of discerning clients throughout the United States and abroad.

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Classical Homeopathy  
444 Vermont  
Buffalo, New York 14213  
United States  
(716) 941-1045